

PARTNERS



Club Balonmano Granollers

Handball club
Granollers, Catalonia, Spain



Club FENIX Toulouse

Handball club
Toulouse, France



IK Sävehof

Handball club
Partille, Sweden



European Handball Federation

Sports federation
Vienna, Austria



Amsterdam University of Applied Sciences

Educational organization
Amsterdam, The Netherlands



Federation of the European
Sporting Goods Industry

Federation of the European Sporting Goods Industry

Private sector organization
Brussels, Belgium



HAND
BALL FOR
**DUAL
CAREERS**

Handball for Dual Careers

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 /handballfordualcareers

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H4DC PROJECT

Handball 4 Dual Careers (H4DC) is a collaborative project covered by the **European Union's program** to support education, training, youth and sport in Europe "**Erasmus+**" and it is aligned with one of its objectives: **Promote and support the good governance of sport and the double career of athletes.**

A **Dual Career program** aims to facilitate all tools needed to help to **combine a high-level sports careers with a successful education and a later inclusion to the labor market.**

H4DC creates a new **collaborative platform** between three different actors that in general conditions do not work together: **Sports clubs/federations, Academic Partners and Business Representatives.**

The project, which will last for the next 30 months, is targeted to young players from **12 years old to university students, including professional athletes.**

H4DC OBJECTIVES

1. **Design a Dual Career Support Service in a Club** that includes awareness, training and individual guidance.
2. Test, supervise and evaluate the methodology with 120 athletes through **pilot actions.**
3. Draw conclusions from the pilot actions and **write a report of policy recommendations,** transferable to any handball club or other sports club interested.

H4DC ACTIVITIES

-  Seminars and awareness sessions on Dual Careers.
-  Exchange programs for players of the three handball clubs.
-  Networking events to gather representatives of the actors of the project.

H4DC IMPACT

-  Creation of one multidisciplinary network of organizations working for the development of Dual Careers programs.
-  Implementation of the support service designed for the handball clubs.
-  New agreements between handball clubs with schools and universities.
-  Sign new labor and internship contracts for sports talents.
-  Raise awareness on the importance on taking and implementing Dual Careers programs.

